



# Pace Rehabilitation Conference

## Beyond the clinic room - Outcomes in the real world

Wellcome Collection, London

20th September 2018

**Our conference this year focuses upon the successful outcomes that can be achieved by going 'beyond the clinic room'.**

With ever increasing advanced technology, as an independent provider our Multi-Disciplinary Team utilises the most appropriate & up to date componentry in collaboration with the leading prosthetic manufacturers.

Representatives from some of the prosthetic companies will outline why and how particular devices come to market. These sessions will demonstrate the products & how the extended team working together achieve successful patient outcomes, so that patients can safely & confidently return to 'the real world'.

### Programme

- |       |                                  |   |
|-------|----------------------------------|---|
| 09:30 | <i>Registration</i>              | <i>(Tea, coffee &amp; biscuits)</i>   |
| 10:00 | <i>Welcome</i>                   | <b>Toby Carlsson (Prosthetist &amp; Pace founding Director)</b>   |
| 10:10 | <b>Walk This Way</b>             | <b>Dr Deborah House (Patient) &amp; Kathryn Sizer (Physiotherapist)</b><br>Pace conferences have historically featured memorable openings & this year is no exception! Lower limb patient Debbie will demonstrate active use of her prosthesis, taking her far beyond the clinic room.  |
| 10:30 | <b>I Want To Break Free</b>      | <b>Carolyn Hirons (Physiotherapist)</b><br>The provision of prosthetic devices, particularly those incorporating sophisticated/advanced technology, require specialist physiotherapy input. Carolyn will explain how an active lifestyle contributes to optimal patient outcome, requiring lifelong management.   |
| 11:00 | <b>Got My Feet On The Ground</b> | <b>Jamie Gillespie (Prosthetist), Richards Hirons (Clinical Specialist Prosthetist, Össur UK)</b><br>When a prosthetic user 'tackles' the outside world, changes in the environment can significantly impact on the user. Richard will present the effects of alternative prosthetic ankle solutions within real-world terrain.   |
| 11:45 | <i>Lunch break</i>               | <i>Opportunity to network &amp; visit exhibitor stands</i>  |
| 12:45 | <b>Lay Your Hands On Me</b>      | <b>Kay McArthur (Occupational Therapist), Emma Gillespie (Prosthetist, Ottobock)</b><br>For a patient to achieve functional use of an upper limb myoelectric prosthetic device, considerable training (with an Occupational Therapist) & practice is required. With dedication, meaningful function can be restored & applied to real world environments. Emma will demonstrate the dexterity of the Michelangelo hand.     |
| 1:30  | <b>Shiny Happy People</b>        | <b>Paul Richardson (Prosthetist)</b><br>In his annual address, Paul will bring to life what is new in the prosthetic world & its impact on the user.  |
| 2:00  | <i>Afternoon break</i>           | <i>Networking opportunity, with afternoon cakes &amp; refreshments</i>  |
| 2:30  | <b>Connected</b>                 | <b>Ian Talbot (Prosthetist), Laura Richie (Prosthetist, Blatchford)</b><br>Advances in microprocessor prosthetic knee technology have significantly improved function & safety for users. As this technology has migrated to prosthetic feet, Laura will explain how the sophisticated Linx integrated limb system controls both knee and ankle joints simultaneously, reacting in real-time to changes in the environment. |
| 3:15  | <b>Get Back!</b>                 | <b>Kathryn Sizer &amp; Jason Robinson (Physiotherapists)</b><br>A healthy & active lifestyle is universally beneficial. Kat will demonstrate how Pace therapists support individual patients to achieve activity specific goals, from swimming to dancing. Jason will show wide variety of activities that can be achieved and enjoyed on a prosthetic 'blade'.   |
| 4:00  | <i>Summary &amp; close</i>       | <b>Toby Carlsson (Pace Prosthetist)</b>   |